



November Menu

Milk is served at breakfast and lunch meals

Meats are all natural

All ingredients are served without added sugar

All juice served is 100% fruit juice

<p>1 B- Yogurt, mixed fruit L - Bosco Sticks (bread/chs), mixed vegetable, pineapple S - Teddy grahams, milk</p>	<p>2 B- Nutri-grain bars, applesauce L - Lunchables (ham, cheese, crackers), peas, oranges S - Cheez-its, apple juice</p>	<p>3 B- French Toast, pears L - Mac and cheese, green beans, peaches S - Animal crackers, milk</p>	<p>4 B - Cereal, oranges L - Taco Joe (tortilla, hamburger, cheese), carrots, mixed fruit S - Graham crackers, raisins</p>	<p>5 B- Oatmeal, bananas L - Chicken nuggets, tater tots, apples S- Veggie straws, fruit punch juice</p>
<p>8 B- Nutrigrain bar, pears L- BBQ Meatballs, corn, pineapple, bread roll S - Go-gurt, wheat thins</p>	<p>9 B - Cinnamon toast, pineapple L - Cheese quesadilla, mixed vegetables, applesauce S - Rice crispy treat, milk</p>	<p>10 B- Banana bread, applesauce L - Lunchables (ham, cheese, crackers), peas, oranges S - Goldfish, apple juice</p>	<p>11 B- Cinnamon rolls, oranges L- Nachos (chips, hamburger, lettuce, cheese,) mixed fruit S - Cookies, milk</p>	<p>12 B- Cereal, banana L - Turkey sandwich, chips, peaches S - Ritz crackers, fruit snacks</p>
<p>15 B - Pancakes, banana L - Fish sticks, carrots, peaches S - Cheese stick, crackers</p>	<p>16 B - Cheese toast, mixed fruit L - Ham and cheese wrap, oranges, cucumber S - Pretzels, applesauce</p>	<p>17 B- Choc chip muffin, peaches L - Chicken nuggets, mixed vegetables, fruit salad S - Pudding, vanilla wafers</p>	<p>18 B- French Toast, apples L- Flatbread pepperoni pizza, salad, pears S - Veggie straws, apple juice</p>	<p>19 B- Yogurt, pineapple L - Hotdog on bun, potato chips, banana S - Cheez-its, milk</p>
<p>22 B - Oatmeal, mixed fruit L - Chicken, penne, alfredo, mixed vegetables, oranges S - Goldfish, grape juice</p>	<p>23 B - Cereal, applesauce L- Lunchables (salami, cheese, crackers), peas, pineapple S- Cookies, milk</p>	<p>24 B - Nutrigrain bar, pineapple L - Cheese quesadilla, carrots, applesauce S - Teddy grahams, raisins</p>	<p>25 Closed for Thanksgiving Holiday</p>	<p>26 Closed for Thanksgiving Holiday</p>