



September Menu

Milk is served at breakfast and lunch meals

Meats are all natural

All ingredients are served without added sugar.

All juice served is 100% fruit juice.

<p>7</p> <p>LLW</p> <p>CLOSED -</p> <p>LABOR DAY HOLIDAY</p>	<p>8</p> <p>B- Nutri-grain bar, pears</p> <p>L- BBQ Meatballs, corn, pineapple</p> <p>S - Yogurt, bananas</p>	<p>9</p> <p>B- Cereal, tropical fruit</p> <p>L- Bosco stick, green beans, strawberries</p> <p>S- Teddy grahams, milk</p>	<p>10</p> <p>B - Bacon tostadas, applesauce</p> <p>L- Mostaccioli (penne, beef, marinara), broccoli, peaches</p> <p>S- Salami, crackers</p>	<p>11</p> <p>B - Pancakes, pineapple</p> <p>L - Hotdog on bun, potato chips, watermelon</p> <p>S - Cheez-its, milk</p>
<p>14</p> <p>B - Waffles, pears</p> <p>L - Mac and cheese, peas, tropical fruit</p> <p>S- Goldfish, apple juice</p>	<p>15</p> <p>B - Cheese toast, mixed fruit</p> <p>L - Ham and cheese wrap, pears, cucumber</p> <p>S - Pretzels, milk</p>	<p>16</p> <p>B- Choc chip muffin, peaches</p> <p>L - Chicken nuggets, mixed vegetables, fruit salad</p> <p>S - Graham crackers, milk</p>	<p>17</p> <p>B- Cereal, bananas</p> <p>L- Flatbread pepperoni pizza, oranges, carrots</p> <p>S - Pudding, vanilla wafers</p>	<p>18</p> <p>B- Oatmeal, applesauce</p> <p>L - Cheeseburger, tater tots, green beans</p> <p>S - Crackers, cheese</p>
<p>21</p> <p>B- Nutri-grain bar, mixed fruit</p> <p>L- Bosco sticks (bread stick w/cheese), salami, corn, blueberries</p> <p>S- Pretzels, raisins</p>	<p>22</p> <p>B- Cereal, pears</p> <p>L- Meatballs, gravy, mashed potatoes, carrots, peaches</p> <p>S - Cookies, milk</p>	<p>23</p> <p>B- Bagel w/ jelly, peaches</p> <p>L - Chicken patty on bun, green beans, tropical fruit salad, roll</p> <p>S - Yogurt, crackers</p>	<p>24</p> <p>B- Banana bread, applesauce</p> <p>L - Lunchables (ham, cheese, crackers), peas, oranges</p> <p>S - Cheez-its, apple juice</p>	<p>25</p> <p>B - Cinnamon toast, pineapple</p> <p>L - Cheese quesadilla, mixed vegetables, applesauce</p> <p>S - Snack mix, milk</p>
<p>28</p> <p>B- Cinnamon rolls, mixed fruit</p> <p>L- Chicken, penne, alfredo, mixed vegetables, strawberries</p> <p>S- Goldfish, grape juice</p>	<p>29</p> <p>B- Waffles, bacon</p> <p>L - Chicken nuggets, carrots, mixed fruit</p> <p>S- Veggie straws, milk</p>	<p>30</p> <p>B - Cinnamon muffins, apple sauce</p> <p>L- Mac n cheese, green beans, apples</p> <p>S- Animal crackers, milk</p>	<p>1</p> <p>B - Cereal, pineapple</p> <p>L - Cheese nachos with beef, lettuce, avocado, salsa, bananas</p> <p>S - Graham crackers, pudding</p>	<p>2</p> <p>B - Oatmeal, oranges</p> <p>L - Fish sticks, tater tots, pears</p> <p>S - Pretzels, milk</p>