August Menu

Milk is served at breakfast and lunch meals
Meats are all natural
All ingredients are served without added sugar. All juice served is 100% fruit juice.

3 B- Cinnamon rolls, mixed fruit L- Chicken, penne, alfredo, mixed vegetables, strawberries S- Goldfish, grape juice	**4** B- Waffles, bacon L- Mac n cheese, green beans, apples S- Veggie straws, milk	**5** B - Cinnamon muffins, apple sauce L - Chicken patty on bun, carrots, mixed fruit S- Chex-mix, milk	**6** B - Cereal, mixed fruit L - Cheese nachos with beef, lettuce, avocado, salsa, bananas S - Graham crackers, pudding	**7** B - Oatmeal, oranges L - Fish sticks, tater tots, pears S - Pretzels, milk
10 B - Toast/jelly, sausage L - Lunchables (cheese, turkey, crackers), cucumbers, applesauce S - Animal crackers, milk	**11** B- Nutri-grain bar, pears L- BBQ Meatballs, corn, pineapple S - Yogurt, bananas	**12** B- Cereal, tropical fruit L- Bosco stick, green beans, strawberries S- Teddy grahams, milk	**13** B - Bacon tostadas, applesauce L- Mostaccioli (penne, beef, marinara), broccoli, peaches S- Salami, crackers	**14** B - Pancakes, pineapple L - Hotdog on bun, potato chips, watermelon S - Snack mix, milk
17 B - Waffles, pears L - Mac and cheese, peas, tropical fruit S- Goldfish, apple juice	**18** B - Cheese toast, mixed fruit L - Ham and cheese wrap, pears, cucumber S - Snack mix, milk	**19** B- Choc chip muffin, peaches L - Chicken nuggets, mixed vegetables, fruit salad S - Graham crackers, milk	**20** B- Cereal, bananas L- Flatbread pepperoni pizza, oranges, carrots S - Pudding, vanilla wafers	**21** B- Oatmeal, applesauce L - Cheeseburger, tater tots, green beans S - Crackers, cheese
24 B- Nutri-grain bar, mixed fruit L- Bosco sticks (bread stick w/cheese), salami, corn, blueberries S- Pretzels, raisins	**25** B- Cereal, pears L- Meatballs, gravy, mashed potatoes, green beans, peaches S - Cookies, milk	**26** B- Bagel w/ jelly, peaches L - Chicken nuggets, green beans, tropical fruit salad, roll S - Yogurt, crackers	**27** B- Banana bread, applesauce L - Lunchables (ham, cheese, crackers), peas, oranges S - Cheez-its, apple juice	**28** B - Cinnamon toast, pineapple L - Chicken patty on bun, chips, watermelon S - Snack mix
31 B- Cinnamon rolls, mixed fruit L- Chicken, penne, alfredo, mixed vegetables, strawberries S- Goldfish, grape juice	**1** B- Waffles, bacon L- Mac n cheese, green beans, apples S- Veggie straws, milk	**2** B - Cinnamon muffins, apple sauce L - Chicken patty on bun, carrots, mixed fruit S- Chex-mix, milk	**3** B - Cereal, mixed fruit L - Cheese nachos with beef, lettuce, avocado, salsa, bananas S - Graham crackers, pudding	**4** B - Oatmeal, oranges L - Fish sticks, tater tots, pears S - Pretzels, milk